

# Executive Proclamation

## State of South Dakota

### Office of the Governor

*Whereas*, The use of illegal and prescription drugs and the abuse of alcohol and nicotine constitute the greatest threats to the well-being of America's children; and,

*Whereas*, Surveys conducted by The National Center on Addiction and Substance Abuse (CASA) at Columbia University have consistently found that the more often children and teenagers eat dinner with their families the less likely they are to smoke, drink, and use illegal drugs; and,

*Whereas*, Frequent family dining is associated with lower rates of teen smoking, drinking, illegal drug use, and prescription drug abuse; and,

*Whereas*, The correlation between frequent family dinners and reduced risk for teen substance abuse is well documented; and,

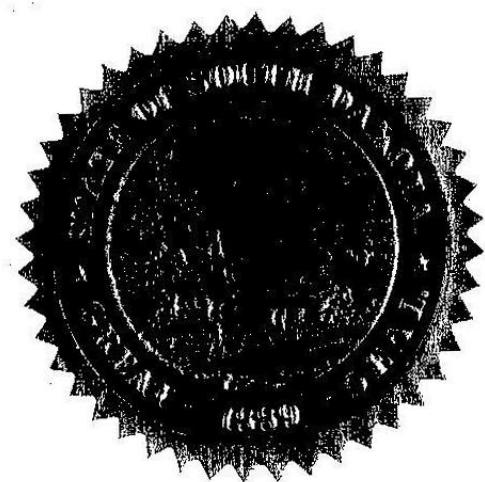
*Whereas*, Parents who are engaged in their children's lives – through such activities as frequent family dinners – are less likely to have children who abuse substances; and,

*Whereas*, Family dinners have long constituted a substantial pillar of family life in America:

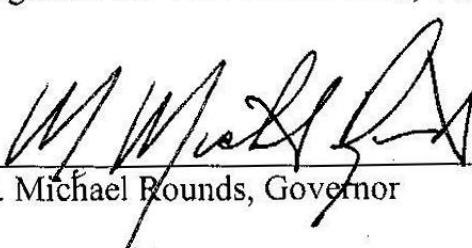
*Now, Therefore, I, M. Michael Rounds*, Governor of the state of South Dakota, do hereby proclaim September 27, 2010, as

## FAMILY DAY A DAY TO EAT DINNER WITH YOUR CHILDREN™

in South Dakota.



*In Witness Whereof*, I have hereunto set my hand and caused to be affixed the Great Seal of the state of South Dakota, in Pierre, the Capital City, this Thirtieth Day of August in the Year of Our Lord, Two Thousand and Ten.



M. Michael Rounds, Governor

Attest:



Chris Nelson, Secretary of State